

## About Your Medication Doxycycline



- ! Take 1 capsule twice a day for 7 days, take at regular intervals.
- ! It is important to complete the course of medication
- ! Take with food and drink plenty of water with them.
- ! It is very important that you do not have sex with anyone, even with a condom, during your treatment.
- ! If you are in sexual relationship with someone, then they will need to be treated as well before you start having sex again, so that they don't pass Chlamydia back to you again
- ! Do not take indigestion medicines such as Rennies, Settlers or Gaviscon whilst taking your capsules.
- ! Avoid being in direct sunlight or on a sunbed whilst taking the capsules and for one week after you have finished your course.
- ! If you are taking the combined contraceptive pill it may not be as effective, but you should continue taking your pill as normal. You should not have sex during treatment, use condoms for the next 7 pill taking days after treatment and if these 7 days run beyond the end of a packet, the next packet should be started immediately without a break.

Sometimes antibiotics can cause stomach upsets and skin rashes. For more information about side effects read the drug information leaflet that comes with your

**If you are worried about how you feel after taking your medication ring the RU Clear office (confidential Helpline) on 0800 046 1303 or ring your GP.**

*You have been tested for Chlamydia and Gonorrhoea which are common STI's. The following activities may put you at a higher risk of having another less common infection.*

*These are:*

- *Having sex with men who have sex with other men (or for females having sex with bi-sexual men)*
- *Injecting drugs (or being the sexual partner of someone who is an injecting drug user.)*
- *Having sex with somebody who comes from a country, or has had sex in a country, where HIV is common – particularly places in Southern Africa, South East Asia and Russia.*

*If you think any of these applies to you we would advise further testing at a GUM clinic.*

**ALWAYS USE A CONDOM.**

**ALWAYS GET A TEST BEFORE HAVING SEX WITHOUT A CONDOM WITH A NEW PARTNER.**

**Website Address - [www.ruclear.co.uk](http://www.ruclear.co.uk)**